

Al-Sabifa

Al-Sajjādīyya

الصَّحِيفَةُ

السَّجَّادِيَّةُ

*Design Pattern of
Daily Duas*

By: Imam Ali Ibn Al-Husayn(as)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

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Comprised of:

- 54** supplications,
- 7** daily prayers,
- 15** whispered prayers

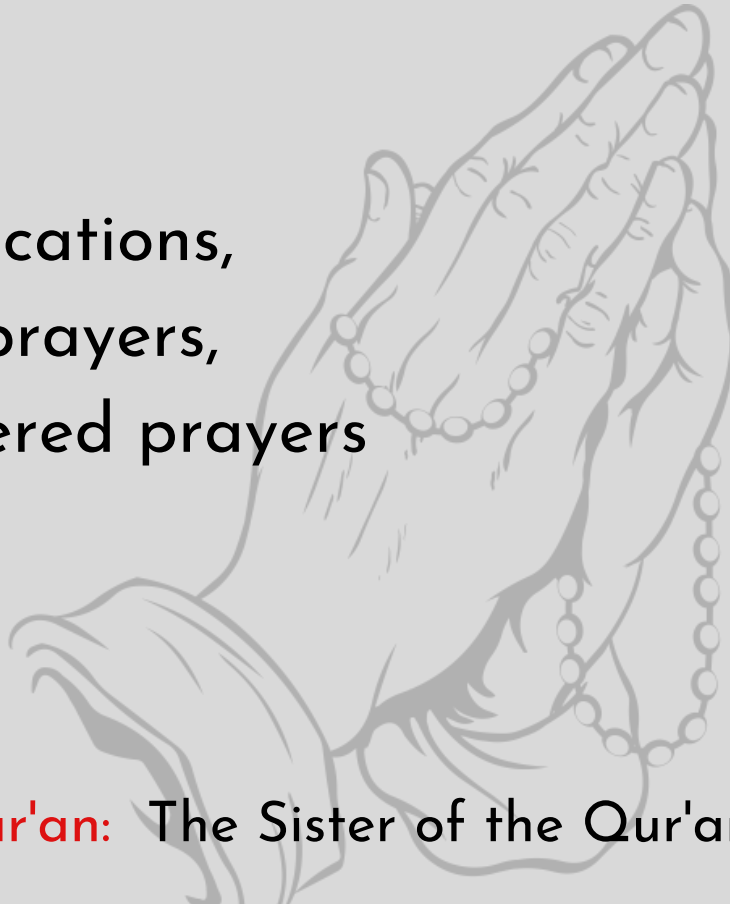
Other Names:

Ukht al-Qur'an: The Sister of the Qur'an

Injil Ahl al-bayt (a): The Gospel of the Ahl al-bayt (a)

Zabur Al Muhammad: The Psalms of the Family of Muhammad(s)

Al-Sahifa al-kamila: The Complete Sahifa(book)



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Daily Duas



The daily duas were added in the collection of Sahifa Sajjadiyya by Shams al-Din Muhammad ibn Makki, known as al-Shahid al-Awwal (the 'first martyr'). Through these daily duas, our 4th Imam explains the power, mercy and love of Allah towards us. Also he(a) gives us a humbling way to connect with our Creator.

Upon the reflection on these daily duas, we find that there is a beautiful formula with which one can construct his daily duas/supplcations. The daily duas are comprised of **12 elements**, some of which are repeated every day whereas the others are unique for that specfic day of the week. Perhaps Imam Zain ul Abideen (a) wanted to convey to us the significance of adhering to some aspects in our duas, while highlighting certain affairs based on the days of the week.

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12 Elements of Daily Duas

1 *Bismillah*

Our duas should begin with bismillah. This is one of the integral part of dua, with which we testify the Magnificence and Mercy of the Almighty.

2 *Praise for the Power of Allah*

One of the steps towards becoming a true servant of Allah requires us to be well aware of the power of our Creator. This aspect brings humility in us.

3 *Imploring Allah's Mercy*

While admitting the power of Allah, Imam Zainul Abideen (a) teaches us His mercy. The aspect of mercy prepares us to be hopeful and open in our duas.

Al-Sabifa

Al-Sajjādiyya



4 *Admission of Tawhid*

When asking duas, one should eliminate their fear of the worldly authorities and submit to the Lord of the worlds while keeping His oneness in mind.

5 *Seeking Spiritual Protection*

Humans are susceptible to falling into the desire of this world which weakens our spirituality. Imam Zainul Abideen (a) teaches us to seek protection from committing sins, shirk of many kinds as well as protection from our constant enemy, Shaytan.

6 *Salawat*

Indeed Allah and His angels send Salawat on the Prophet, O you who believe! send Salawat on him and invoke Peace upon him in a worthy manner. (33:56)

The use of Salawat in our duas becomes the means of its fulfillment. Someone came to Imam Sadiq (a) and said to him that he visited the Holy Mosque in Mecca. During his rituals, he could not remember anything other than Salawat. The Imam replied you had remembered the best supplication*.

*<https://www.al-islam.org/articles/meaning-salawaat-mansour-leghaei>

Al-Sabifa

Al-Sajjādiyya



7 Asking for Intercession

Along with the salawat, intercession (wasila) elevates our supplications. In the daily duas Imam Zainul Abideen (a) has used the intercession of Rasulullah (s) and Ahlul Bayt(a) by referring to them with their beautiful titles. The Imam(a) through this intercession explains to us that there is no better way to gain Allah's pleasure without the assistance of these Holy personalities(a).

8 Seeking Forgiveness

And whoever does evil, and oppresses his soul, then seeks forgiveness of Allah, he will find Allah to be Forgiving, Merciful. (4:110)

The concept of asking forgiveness is widely present in various verses of the Holy Quran. Allah loves those who display remorse on their sins and seeks forgiveness from Him, as He is the Most Forgiving, Most Merciful. The repetition of this element, in daily duas, reminds us to be more cautious of our actions and always seek forgiveness of our shortcomings.

Fragrance yourselves with Istighfar so the stench of sins does not disturb you.
-Imam Ali (as)

9 Protection from the evils of this world

In order to train our soul, these daily duas emphasize on seeking protection from the evils of this world. These evils are prevalent to us in the form of oppressive leaders and unlawful desires. The daily duas points out the importance of living under a just ruler.

Al-Sabifa

Al-Sajjādiyya

10 *Asking for yourself*

And your Lord says: Call upon Me, I will answer you (40:60)

Allah loves those who ask their desires from Him. HE being the Almighty never rejects a dua of a believer. It is because of our limited understanding and knowledge, we fail to ask what is best for us. Therefore these duas are either saved for us as a reward for the hereafter or become accepted in a different form for us for the benefit of this world. In the daily duas, the placement of this element is mostly found towards the end of the dua, with salawat preceding it.

11 *Gratitude to Allah*

Surely the faithful who is satisfied with food and drink; and then thanks Allah, is given the same reward as a fasting man. Allah is Gracious and appreciates gratitude. [1]

It is one of the rights of Allah upon us that we remain thankful on the various blessings which surrounds us. This re-enforces us to remember these blessings in our duas.

12 *Acknowledgement of our limitation*

This aspect increases our humility and makes us humble in front of our Creator. To become an obedient servant of Allah, one should acknowledge their own limitations and testify the power of the Most Powerful.